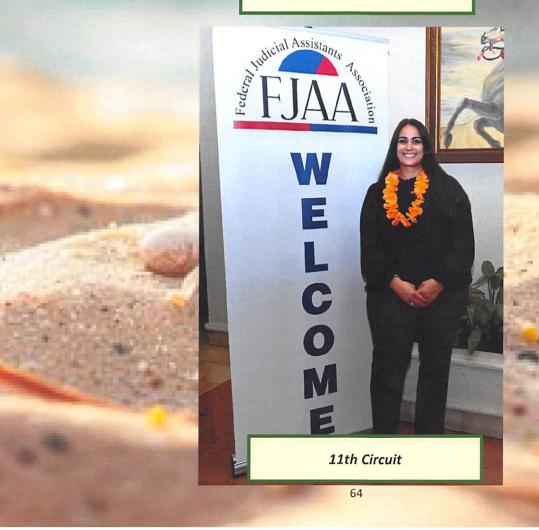






9th Circuit







Memories from 2024 by Tracy Young, Past President 2023-2024

Coral Gables, Florida

The conference was phenomenal.

It was a great time to collaborate with all the members of FJAA, the presenters and guest. The atmosphere at the conference was empowering. The Florida Conference ignited a powerful freshness to connect with each other beyond the annual conference.

Each member has a beaming light to share with the association. I encourage each of you to get involved rather its serving on the executive board, serving on a committee or simply sharing your ideas - you have what it takes to grow and strengthen the association. YOU ROCK!

I have truly enjoyed my time serving on the Executive Board for the past five terms. Thank you for vote of confidence to serve and lead a profound association. It has been an amazing journey!

I will CONTINUE...

to Connect, to Collaborate, to Contribute, to Communicate with my FJAA family.





FALL Word Search

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AUTUMN
HARVEST
CRISP AIR
FOLIAGE
SWEATER WEATHER
COOL BREEZE
RAKE LEAVES

BONFIRE NIGHT CHANGING COLORS COZY BLANKET GOLDEN HUES FALLING ACORNS PUMPKIN PATCH CORN MAZE HAY BALE FROSTY MORNINGS HARVEST MOON APPLE ORCHARD CHILLY EVENINGS SCARECROW

OurHappyCorner.Com

Amazing Pumpkin History

Pumpkins are native to Central America and Mexico. Originally small and bitter, they were selectively bred by Central and Native Americans to be bigger, fleshier, and sweeter.

When the Pilgrims relocated to North America, they didn't know how to cook this new-to-them gourd. So the Native Americans taught them how to cultivate and cook fresh pumpkin.

As a staple crop, pumpkin was most likely served at the first Thanksgiving. But their version of pumpkin pie was quite different from ours. Without butter or flour for crust, they hollowed out a pumpkin and filled it with a combination of milk, honey, and spices before baking it in the ash of the fire.

During World War II, many Americans grew "Victory Gardens" to supplement their grocery rations. Pennsylvania's *The Victory Garden Handbook* from 1944 recommended growing and eating pumpkins for their nutritional value.

The first Jack-o-Lanterns weren't made from pumpkins at all. They were made from turnips! A folk tale said that "Stingy Jack" tried to trick the devil into paying for his bar tab. After Jack died, the devil wouldn't let Jack cross over to the afterlife. Instead, he had to wander the Earth at night, lit by a single coal. He put his coal in a hollowed out turnip, and earned the nickname "Jack of the Lantern." This Irish tale led to the tradition of carving turnips in Jack's likeness, to keep him at bay.

When Irish emigrants moved to America, they found pumpkins much more suitable for carving than turnips, and the modern Jack o' Lantern was born.

Source: https://bartonhillfarms.com/25-fascinating-pumpkin-facts/





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Please stay in touch with your circuit representative with newsworthy items for the next issue of the newsletter.

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