

FEDERAL/DC CIRCUITS—Millie Graves

OCTOBER IN HISTORY

- ❑ Henry Ford's Model T, a "universal car" designed for the masses, went on sale for the first time. (1908)
- ❑ President Abraham Lincoln issued a proclamation designating the last Thursday in November as Thanksgiving Day. (1863)
- ❑ Civil Rights leader Martin Luther King, Jr., became the youngest recipient of the Nobel Peace Prize. He donated the \$54,000 in prize money to the Civil Rights movement. (1964)
- ❑ The first birth control clinic in America was opened in Brooklyn, New York, by Margaret Sanger, a nurse who worked among the poor on the Lower East Side of New York City. (1916)
- ❑ The United Nations was founded. (1945)
- ❑ During the Vietnam War, President Lyndon Johnson ordered a halt of American bombing of North Vietnam. (1968)



October is Breast Cancer Awareness Month, an annual campaign to raise awareness of breast cancer risks, the value of screening and early detection, and treatment options available to women and men who are diagnosed with one of the many forms of breast cancer.

Breast cancer is the most commonly diagnosed cancer in women, though it's not the most deadly (lung cancer gets that dubious honor). However, breast cancer is second leading cause of cancer-related deaths in women. And men are not immune from the disease.

According to the National Cancer Institute (NCI), there was an estimated 252,710 new cases of breast cancer in women and 2,550 new cases in men. Breast cancer deaths totaled 40,610 in women and 480 in men.

As with most diseases, the goal is to reduce the chance of developing breast cancer, or at least to catch the disease in its early, most easily treatable stages. That's why healthy lifestyle and screening tests matter.

Here are ten other tips that can help prevent breast cancer:

1. **Eat mostly plants.** Studies associate diets rich in vegetables, fruit, and fish such as the Mediterranean diet with a decreased risk of breast cancer.
2. **Get regular physical exercise.** Active women seem to reduce their chances of developing breast cancer. A 2017 study found that women who consume more fruits and vegetables and had a long history of physical activity reduced their risks.
3. **Sleep well.** That means sleep about 8 hours each night. Accumulated research shows that short sleep, night-shift work, exposure to light during the night, working as a flight attendant, and other causes of circadian (daily rhythm) disruption increases breast cancer risk.
4. **Maintain a healthy weight.** Being overweight and obese correlates with breast cancer risk. Ways to banish unwanted fat are to avoid sodas and other added sugars, eat only when hungry, exercise daily, and get enough sleep.
5. **Don't smoke, don't drink alcohol, or drink very little.** Tobacco smoke increases the risk of cancer in multiple organs. The more alcohol you consume, the greater your risk of breast cancer.
6. **Breastfeed your babies.** Doing so has multiple health benefits for mother and child, including reducing the mother's risk of breast cancer. Childbirth after 30 is a risk factor for breast cancer.
7. **Avoid unnecessary radiation exposure.** The Centers for Disease Prevention and Control (CDC) advises women to reduce the use of unnecessary testing with CT scans, PET scans, X-rays. Sometimes radiation therapy is lifesaving, as in the treatment of Hodgkin disease. In that case, the woman should be screened earlier and more frequently for breast cancer.
8. **Chill on the hormones.** If the menopause transition causes uncomfortable symptoms, discuss your options with your doctor. While one choice is hormone replacement therapy, extended use does increase the risk of breast cancer. If you have a personal or family history of breast cancer, consider other non-hormonal options.
9. **Get screened for breast cancer.** The most widely used screening tool is mammography.
10. **Consider genetic testing.** If you have a strong family history of breast and or ovarian cancer and/or you are of Jewish ancestry, you may carry a gene mutation (like BRCA 1 or 2) that greatly increases your risk for breast cancer and ovarian cancer. Discuss whether you're a candidate for genetic testing with your health care provider or a genetic counselor.

Source: everydayhealth.com



ANNOUNCEMENTS

On October 27, 2018, the Bar Association of the District of Columbia will hold a Judicial Reception at the Court honoring retiring and senior status judges for their outstanding commitment to the courts and the legal system and welcomes incoming judges.

6 REASONS TO GET OUTSIDE THIS FALL



Cozy sweaters, cooler temperatures and vibrant colors, autumn is the perfect time of year to get out and about, whether it is for a hike on the trails or a latte at the local coffee shop.

September 22 marks the first official day of fall, and as the hot days of summer simmer down to milder fall days and evenings, more and more of us are venturing out of our air conditioned homes in search of fresh air and nature. And in doing so, there are many benefits to be had.

1. **Socializing.** Cooler temperatures make getting outside much more pleasant this time of year and as such, you will run into more people on a morning walk, a hike on the trails, or out for an evening stroll. While some may offer a quick “Hi” others will be looking for conversation. Either way, simply interacting with more people and having the opportunity to make new acquaintances or catch up with neighbors and friends will leave you feeling rejuvenated.
2. **The Colors.** Oranges, reds, yellows and greens come together as a work of art for the eyes and energy for the soul. It seems that everywhere you go in the fall you see lively colors, beautiful displays of mums, hay bales, pumpkins and other décor. Get outside to take in the colors, the art, and the creativity.
3. **Feel Younger (or Richer).** A recent study in the journal *Nature* found that simply walking down a tree lined street had the equivalent effect of feeling seven years younger or making an extra \$10,000 a year.
4. **Clear Your Mind.** Getting outside forces us to leave distractions such as the television, computer, and tablet behind (and hopefully the cell phone, unless you leave it in a pocket for emergencies only). Taking a break from technology while enjoying the great outdoors gives you a chance to decompress, breathe, and clear your mind. And will surely leave you feeling that much more motivated and productive when you return to your to-do list.
5. **Mood Boost.** It is amazing how quickly your mind can clear and your mood can elevate simply by getting some fresh air. So it makes sense that anxiety and depression can both be eased by time spent outside in nature, especially when combined with exercise.
6. **Fewer Colds.** Want to avoid getting sick? Spend time in nature. Research has found that spending time surrounded by nature, particularly forests, can play a role in strengthening the immune system. So tie up those running shoes and get out for a hike as the combination of exercise, fresh air, vitamin D and improved mental well-being will all work together to help you fight off common colds, cases of flu and other infections.

NEW VOLUNTEER MEDIATOR ANNOUNCEMENT

The U.S. Courts of the District of Columbia Circuit are accepting applications from members of the Bar to serve as volunteer mediators. The Courts seek a variety of backgrounds, experience levels, and expertise. The U.S. Court of Appeals, the U.S. District Court, and the U.S. Bankruptcy Court offer mediation services in selected cases, free of charge, to enable parties in litigation to resolve their cases. The Courts rely on a volunteer corps of accomplished lawyers who are also trained mediators. The primary role of the mediators is to assist parties reach a settlement, in whole or in part, and clarify or eliminate issues to expedite the litigation process. The Courts' mediators have helped resolve a wide range of cases that involve many different types of parties and areas of the law.

Qualifications – To serve on the panel of mediators, candidates must:

- be admitted to the bar in any jurisdiction for at least 10 years and be a member of the Bar of the U.S. Court of Appeals for the District of Columbia Circuit or the U.S. District Court for the District of Columbia;
- be knowledgeable about civil litigation in federal court;
- have strong mediation process skills and the temperament and training to listen well, facilitate communication, and assist the parties with settlement negotiations; and
- successfully complete a short mediation training sponsored by the Courts' Mediation Programs, which will be held at the U.S. Courthouse.



United States Court of Federal Claims

ANNOUNCEMENTS



Judge Susan Braden

On July 13, 2018, former Chief Judge Susan G. Braden assumed senior status. Judge Braden expressed that she learned a great deal about the Court during her tenure as Chief; most importantly, how fortunate we are to have such an outstanding Team of professionals in the Office of the Clerk. Judge Braden also shared words from her dear friend and some time travel companion, Justice Sandra Day O'Connor: "We don't accomplish anything in this world alone . . . and whatever happens is the result of the whole tapestry of one's life and all the weavings of individual threads form one to another that creates something."

On July 23, 2018, Judge Braden welcomed a new Judicial Assistant, Amy Giannetti-Gillespie, to her chambers. Amy was a Judicial Assistant to the legendary Judge James C. Cacheris of the Eastern District of Virginia for a decade. Prior to that, Amy served as the Case Manager and Courtroom Deputy for the Eastern District of Virginia for 23 years. Amy has a BA in Criminal Justice from the University of Maryland and studied at the American Institute of Banking.



Amy Giannetti-Gillespie

NEW CHIEF JUDGE

Judge Margaret M. Sweeney was appointed a Judge of the United States Court of Federal Claims by President George W. Bush on October 24, 2005, and entered duty on December 14, 2005. President Donald J. Trump designated her as Chief Judge on July 12, 2018. She graduated from Notre Dame of Maryland, receiving a B.A. degree in history in 1977, and from Delaware Law School, receiving a J.D. degree in 1981. Congratulations and well wishes are extended to Chief Judge Sweeney and Judge Braden!



Chief Judge Margaret Sweeney

HIGHLIGHTS

Chief Judge Margaret M. Sweeney is pleased to announce that after a 2-year hiatus, the U.S. Court of Federal Claims will be hosting the 29th Annual Judicial Conference on Wednesday, November 14, 2018. The Judicial Conference is being sponsored by the Court and the U.S. Court of Federal Claims Bar Association. The conference will begin at 8:30 a.m. and will be held at the National Courts Building at 717 Madison Place, NW. The conference will be followed by an evening reception starting at 5:00 p.m. at The Hay-Adams, located at 800 16th St, NW, Washington, DC.

Over the summer, approximately 40 summer interns arrived at the Court from law schools around the country. These young lawyers-in-training have energized the halls and will have an opportunity to learn about the important work of the Court and the Federal Circuit. An essential contribution is that they comprise the bulk of the softball team, appropriately-named "Money Damages." In the first game of the season "Money Damages" prevailed in a 6-4 victory over the Department of Justice Civil Division, Commercial Litigation Branch.



Thanks to Judge Elaine Kaplan who has organized brown bag lunches for Clerks and Interns (held during the months of June to August) to meet with herself, Judge Thomas Wheeler, Judge Lydia Griggsby, Senior Judge Eric Bruggink and Senior Judge Marian Horn to learn about the Judges' career paths and to answer questions.



The Court also admitted the following Law Clerks to the United States Court of Federal Claims:

- Ross Deuel Boone
- Ana Victoria Christoff
- Joshua Eastby
- Joseph Daniel Farley
- Matthew Geyer
- Lyle Franklin Hedgecock
- Brian R. Herman
- Christopher Michael Nienhaus
- Joshua Thomas Pierson
- Whitney A. Rutherford
- William James Seidleck
- Andrew Phillip Smeltzer
- Brooke Glynnis Stanley
- Karl Joseph Worsham

Bill Bergmann, the President of the Bar Association and a partner at Baker Hostetler, was present and personally welcomed each to the bar of the Court.

In July, the Court hosted the Federal Bar Association’s Summer Law Clerk Program Opening. The Summer Law Clerk Program helps interns in the federal sector connect with attorneys in the federal government to discuss career development, learn about agency missions, and explore employment opportunities. Colonel Luis Rodriguez, Deputy Chief, U.S. Army Judge Advocate General Corps, Mr. Will Powers, a Trial Attorney with the U.S. Department of Justice Civil Division, and Chief Judge Susan Braden served as the keynote speakers. Chief Braden’s advice to young lawyers was to learn their craft, take chances, and never compromise their integrity.

In late June, the Court welcomed a delegation from the Dominican Republic who were visiting the Court to learn more about our bid protest cases and procedures. This trip followed a visit last month made by Judge Campbell-Smith Porter to the Dominican Republic. This event was organized by the Department of Commerce to teach procurement officials in the Dominican Republic about the United States Court of Federal Claims’ bid protest jurisdiction.



Judge Campbell-Smith Porter

Also on the international front, on June 8, 2018, Senior Judge Bohdan Futey participated in a panel discussing “The Abuse of Law (Typical Violations) in the Constitutional Law Relationship in Ukraine.” This panel was a featured event at a USIA-sponsored Conference in Kiev, Ukraine.

United States Court of Appeals for the Federal Circuit



AVAILABILITY OF A SUBSCRIPTION-BASED PUBLIC NOTIFICATION SERVICE

The Clerk's Office is pleased to announce a new subscription-based electronic public notification and announcement system for receiving news and information from the U.S. Court of Appeals for the Federal Circuit. In launching this service, the Federal Circuit joins over 60 other federal courts in providing an easier way for the public to access daily opinions, public notices, court operating status changes, and electronic filing information.

Through the court's website, members of the public can now subscribe to the following lists:

- **Announcements and Notices** - all public notices and website announcements
- **Daily Opinions and Orders** - published and unpublished opinions and published orders
- **ECF System Status and Announcements** - system and maintenance notices for electronic filers
- **Operating Status** - notification of changes to the court's operating status
- **Oral Argument Audio Links** - daily argument recordings
- **Oral Argument Calendar** - notification of new argument calendar releases

What Am I?

I am seldom considered, though I do more to influence everything about you than virtually any one thing in your life. I often control the time you get up in the morning, the time you go to sleep, what you eat and drink and the very thought that runs through your head. I can make you either happy or sad, loving or hateful, cheerful or remorseful, congenial or spiteful and in doing so, control the very capacity that you have for success. No, you don't often think of me instead you BLAME the problem I create on the shortcoming of others, or the state of the economy, or your family or a million other reasons. Often at times unable to find anyone else to BLAME you look for shortcomings within yourself on which to lay the BLAME. When my impact on your life fully is considered in your every thought and action, when you are mindful of my awesome power, when you nurture and groom me for positive use in your life, I can become more contagious than the most prolific disease ever witnessed by man. My influence will spread to every person you come in contact with. Groomed and nurtured in a positive manner there will be no person or obstacle that can stand in the way of my success or fail to be impacted for the better.

What am I?

Answer is on the last page.

FEDERAL CIRCUIT PROVIDES WIRELESS INTERNET ACCESS TO MEMBERS OF THE BAR

Members of the bar are now able to access the Internet via a wireless connection provided by the court. Those interested in using the Court’s system to access the Internet must visit the Clerk’s Office or the Circuit Library, in person to obtain a password and log-in information

REVISED DOCUMENT COMPLIANCE REVIEW PROCEDURE

Effective August 6, 2018, the Clerk’s Office began issuing a notice of non-compliance when a filing does not comply with either the Federal Rules of Appellate Procedure or the Federal Circuit Rules. This revised procedure is implemented pursuant to Federal Circuit Rule 25(c)(1)(K).

The Clerk’s Office currently issues rejection notices, notices of non-compliance, and quality control notices depending on circumstances. Following a lengthy internal review, the Clerk’s Office has revised its compliance review procedure to simplify the process and to be more transparent with how we process documents.

New Procedure: Counseled parties and attorneys proceeding pro se will now have five days from the date of the non-compliance notice to file a corrected copy. Unrepresented parties will continue to have fourteen days from the date of the non-compliance notice to file a corrected copy.

Non-compliance notices will include the reason or reasons why the document is not compliant, along with a citation to the relevant rule. If a party does not file a timely corrected document, the Clerk’s Office may strike the document from the docket. The original docket entry will be modified to reflect the issuance of a non-compliance notice but will otherwise remain available on the public docket unless the document is stricken due to a lack of timely correction.

We will continue not to require corrective action in response to quality control notices for more minor but important practice note and electronic filing-related errors.

FEDERAL CIRCUIT OPINIONS AVAILABLE THROUGH GPO

In addition to the [court’s website](#) and [PACER](#), electronic opinions issued by the U.S. Court of Appeals for the Federal Circuit are now available through the [U.S. Government Publishing Office](#). By joining this judiciary-wide initiative, the Federal Circuit is providing access and text-searchable functionality to all of its electronic opinions issued since the court went live with electronic filing in 2012.

FEDERAL CIRCUIT’S OCTOBER SESSION FOR CHICAGO

The Federal Circuit is pleased to announce that it is sitting in Chicago, Illinois as part of its October, 2018 session. The Federal Circuit will hold its regular session in Washington, DC.

The Federal Circuit regularly hears arguments outside of Washington, DC as part of its nationwide jurisdiction and statutory requirement to provide “reasonable opportunities to citizens to appear before the court.” Most recently, the Federal Circuit has held sessions in New York; Los Angeles; Boston; Baltimore; Philadelphia; and Delaware.

HOW TO **CHANGE** PEOPLE'S PERCEPTION OF YOU



Perception vs. Reality in the Workplace

It takes 20 years to build a reputation and five minutes to ruin it. If you think about that, you'll do things differently."
 Warren Buffet

Other people's perceptions are very important in business. First impressions are made within seconds and office gossip has the potential to damage a reputation almost beyond repair. Do you know how your colleagues perceive you?

Who, me?

Have you overheard someone's negative comments? Has

your boss reprimanded you during your evaluation? Has a friend said something about your behavior? Perhaps people's body language or tone of voice changes when you join a conversation, or maybe you just have a gut feeling.

If you want to find out how you're perceived, ask someone you can trust and listen carefully to their comments, without taking offense.

Other people's perceptions of you may be wrong, but rather than wasting time complaining, getting even or defending yourself, take action to change their opinion. Just keep in mind that your actions in the first few months at a new company or in a new position will set the tone for how others perceive you.

Here are eight common misperceptions, and ways you can turn negative impressions into positive ones.

Take aim

1- They think you're lazy

Take initiative - Ask for more responsibilities and go above and beyond your call of duty at work. No matter how full your schedule is, you need to be seen working harder.

Show your accomplishments - Don't brag; use a little creativity to turn the office gossip from criticism to praise. People like to be thanked. Try saying something like, "thanks for the figures you gave me; that really helped me get my report ready for the Board of Directors."

Watch your body language - Don't slouch or lean against the nearest wall or desk. Keep your feet off the desk — literally and figuratively. Approach your work with energy and enthusiasm to counteract any suggestions that hard work goes against your nature.

2- They think you're unprofessional

Master etiquette - Courtesy is contagious. When you're respectful and polite, it makes it more difficult for people to judge you unfairly, blame you unjustly or otherwise disrespect you.

Accept criticism - Don't be defensive when you receive feedback or when you overhear things about you that are inaccurate. Being open to comments and listening to constructive criticism is a sign of maturity and professionalism.

Filter your comments - To avoid putting your foot in your mouth, think carefully before speaking. No matter how angry you are or how sloppy someone else's work is, hold back. Watch what you say and whom you say it to.

Look the part - Dress appropriately and speak well. Know the corporate policies and lingo. Be prepared for meetings and be sure your workspace looks organized.

3- They think you're the office clown

Shut up - You're there to work so stop telling jokes and trying to make people laugh. There's plenty of time for humor over a beer after work. When your colleagues pressure you to entertain them, put the focus on someone else. "I can't think of anything funny today. How about telling your joke, Charlie?" deflects the attention on to someone else without alienating anyone.

Laugh less - It's great to be known as an open and fun-loving kind of guy, but there's a limit. Leave a crowd of employees who are laughing it up, by saying you must return to work.

Tidy up - Maintain a professional-looking workspace. Take down the cartoons and limit the number of e-mail jokes you forward. You might want to remove that lampshade from your head...

4- They think you're a party guy

Tone it down - Don't talk about your experiences. How late you stayed out and how much you drank is no one else's business. Don't consume alcohol during working hours and behave at corporate functions like the annual holiday office party. Treat after-work gatherings as networking opportunities instead of a party and you will change people's impressions.

Get serious - No matter how valid your excuse is, don't show up late unless you want people to speculate about your extracurricular activities. Arrive on time, and be alert and ready to be productive.

5- They think you're a womanizer

Be discreet - Don't boast about your sexual conquests. No matter how tempted you are, never flirt with your colleagues, your boss, your staff, or your clients. **Clean up your act** - Don't use any sexual innuendoes, don't forward jokes of a sexual nature and, of course, don't surf pornographic sites at work.

6- They think you're always late

Be on time - Get up earlier and be the first one to arrive at work. Be realistic with your schedule and build in extra time. You're setting yourself up for criticism if you routinely neglect to plan for travel time between appointments. Being late is perceived as a sign of disrespect and disorganization.

Plan ahead - Prepare and follow a to-do list, updating it regularly. To be safe, overestimate the time it takes to perform your tasks. Don't procrastinate. Plan your timeline well and you'll be able to hand in your projects before the deadline, no matter what unexpected problems arise.

7- They think you're unethical

Be honest - Be careful what you propose. Don't suggest stealing the competition's ideas or plagiarizing someone else's research. Be sure that any claims you make about your products are accurate and proven.

Demonstrate integrity - Follow corporate guidelines to avoid any perception that you're abusing the company's fringe benefits (for example, making personal long-distance calls or using the company photocopier for multiple personal copies). Know the policy on accepting gifts from customers or suppliers, and don't get caught on the golf course when you call in sick.

Be responsible - If you make a mistake, admit it. Take ownership instead of blaming someone else or making excuses.

Make the right decisions - If you are asked to do something you feel is wrong, reflect on the long-term impact it will have on your image and professional reputation.

Be community-minded - Donate money to charity in the company's name. Suggest doing a fundraiser at work to help a charitable organization or ask employees to bring in non-perishable goods for a local food bank.

8- They think you're not a team player

Be friendly - Learn and use people's names. Take the time to get to know a little about your coworkers' business strengths and outside interests.

Be dependable - Don't poach ideas from colleagues and always give credit when it's due. Offer to help a colleague if you can and praise your teammates for a job well done. When upper management hears your colleagues saying how much they enjoy working with you, you'll be seen as a natural leader.

Focus on your goals - Whether or not their perceptions are accurate, what your colleagues think and say about you can potentially make or break your career. Ask for feedback from a trusted colleague or your boss on a regular basis. You want to turn negative comments into positive ones. Many of these suggestions are interchangeable; just remember not to be defensive.

By trying to change people's perceptions of you, you're not necessarily admitting to any of these shortcomings; you're simply trying to get those you work with to see you in better light. So don't try to change your personality. Remain sincere and true to your values. And if all else fails, start fresh at a new company.

Source: www.askmen.com

Be strong enough to stand alone, smart enough to know when you need help and brave enough to ask for it.

Food Court



RED BEANS AND RICE

- 2 large cloves garlic, lightly crushed with the side of a knife blade and minced
- 1 large red onion, diced
- 1 stalk celery, diced
- 1 green bell pepper, stem and seeds removed and small diced
- 2 (1-pound) cans red kidney beans
- 1 teaspoon onion powder
- 1 teaspoon salt
- 1/4 teaspoon ground black pepper
- 1 tablespoon hot sauce
- 2 1/2 cups chicken stock

- 1 cup white rice
- 1 tablespoon butter
- 1 tablespoon minced fresh cilantro leaves

NOTE: You can add a pound of sliced sautéed sausage, old bay seasoning

Heat olive oil over medium-high heat in a large saucepan. Saute garlic, onion, celery, and bell pepper until tender. Stir in kidney beans, onion powder, salt, pepper, and hot sauce. Reduce heat to low and let mixture simmer slowly while you cook the rice.

Bring the chicken stock to a boil and stir in rice and butter. Return to a boil, reduce heat to low, cover and cook for 20 minutes without removing the lid. Remove from heat and let stand for 5 minutes.

Fold rice and beans gently together and transfer to a serving dish. Serve garnished with cilantro

FRESH APPLE CAKE WITH MAPLE GLAZE

- 3 large granny smith apples/ or pink lady, peeled & chopped
- 3 cups all purpose flour
- 4 medium eggs
- 1 1/2 tsp vanilla extract
- 2 3/4 cup granulated sugar
- 1 tsp baking soda
- 1/2 tsp salt
- 2 tsp ground cinnamon
- 1/2 tsp ground nutmeg
- 1/2 cup sweetened shredded coconut
- 1 cup vegetable oil
- 1 cup applesauce

Icing

- 1 cup powdered sugar
- 2 tsp vanilla extract
- 1 1/2 tbsp. pure maple syrup
- 2 tbsp. milk



Preheat oven on 325 F. Combine the flour, baking soda, salt, cinnamon, and nutmeg in a large bowl. Stir until well combined. In a separate bowl combine the eggs, sugar, applesauce, vanilla, and oil. Mix. Slowly add the dry ingredients with the wet. Add in the apples, and coconut. Fold the ingredients. Grease & lightly flour a bundt or tube pan. Pour in the cake batter. Bake the cake for 1 hour 45 minutes. Let cool. Combine the ingredients for the glaze, and mix until it is lump free. Once the cake is nice and cool, spoon the glaze on top. Let the cake sit for 10 minutes.

ENCOURAGEMENT STATION

Choose Your Words Wisely

Once upon a time, an old man spread rumors that his neighbor was a thief. As a result, the young man was arrested. Days later the young man was proven innocent. After being released, the man felt humiliated as he walked to his home. He sued the old man for wrongly accusing him.

In court, the old man told the Judge, “They were just comments, didn’t harm anyone.” The judge, before passing sentence on the case, told the old man, “Write all the things you said about him on a piece of paper. Cut them up and on the way home, throw the pieces of paper out. Tomorrow, come back to Hear the sentence.”

The next day, the judge told the old man, “Before receiving the sentence, you will have to go out and gather all the pieces of paper that you threw out yesterday.” The old man said, “I can’t do that! The wind must have spread them and I won’t know where to find them.”

The judge then replied, “The same way, simple comments may destroy the honor of a man to such an extent that one is not able to fix it. The old man realized his mistake and asked for forgiveness.”

Moral: Do not be malignant or blame anyone without knowing the fact or a truth. Your words may ruin someone’s reputation without any fault of their own.

Source: moralstories.org

Answer to “What Am I?”

I am your Attitude



WE ARE ON THE WEB!

HTTP://
WWW.FJAA.NET

• The Federal Judicial Assistants Association ("FJAA") was
• formed in 2002, as a result of a merger between the Federal
• Judges Secretaries Association (which was formed in 1972) and
• the Federal Magistrate Judges Secretaries Association (which
• was formed in 1995). In 2009, the Federal Judges Secretaries
• Association officially changed its name to the Federal Judicial
• Assistants Association.

• The Federal Judicial Assistants Association has held annual
• conferences since 1973, in Washington, D.C., Denver, Las
• Vegas, Seattle, St. Louis, Memphis, and San Francisco, as well
• as many other wonderful locations. The Federal Magistrate
• Judges Secretaries Association ("FMJSA") held its first
• meeting in 1995 in San Francisco as a joint conference with
• The Federal Judges Secretaries Association. Subsequent joint
• meetings in Philadelphia (1998), Reno (1999) and Boston
• (2000) led to the formation of an Ad Hoc Merger Committee
• for the two organizations. In 2001 the new by-laws were
• written and the merger of both organizations was proposed to
• the membership and approved by formal vote. The two
• organizations became one effective October 12, 2002.

The goals of FJAA are:

1. •To promote the general welfare of its members,
2. •To encourage the highest ethical standards of conduct among its members,
3. •To promote continuing education and professional development of its members,
4. •To further the exchange of ideas and practical information relating to judicial support, and
5. • To foster among its member a feeling of camaraderie and mutual confidence.



**Just a
reminder...**

**SEND YOUR ENTRIES TO
YOUR CIRCUIT
REPRESENTATIVE BY**

December 7, 2019

THANK YOU!



CIRCUIT REPRESENTATIVES

Please stay in touch with your circuit representative with newsworthy items for the next issue of the newsletter.

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A free one-year membership for the year 2017-2018 is available to all new JAs that are/were hired between

September 1, 2017—September 1, 2018. This free one-year membership is available only to first-time FJAA members.

EDITORIAL TEAM

Gabriela Ma (Gaby) AZ District / Christina Cavazos MI Western Dist Court / Tracy Young MI Eastern Dist Court

c/o Hon. James A. Soto

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c/o Hon. Linda V. Parker

Cathy Geier/ CD of IL

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